



Ruth Thomas Bunting Bowman

November 6, 1924 - February 5, 2021

Ruth Thomas Bunting Bowman ("Mama Bo") was called to Heaven February 5, 2021 completing her journey of 96 years here on Earth. She was predeceased by her husband, Carroll Morris "Bo" Bowman; daughter, Debbie Cayton; son-in-law, Les Cayton and granddaughter, Wendy Brooks.

She was born in Bloxom, Va on November 6, 1924. She graduated from Bloxom High School, VA Intermont College in Bristol, VA; and Johnston Willis School of Nursing in Richmond Va where she completed her R.N. Degree. She then married and resided in Richmond, Va. Ten years later, she moved to Roanoke, VA as her husband was an Accounting Executive with NCR. After many transfers to various cities and after her husband's death, she moved to Fayetteville, NC to be closer to her daughter and family.

Ruth was a devoted member and volunteer of Highland Presbyterian Church in Fayetteville where she was awarded Honorary Lifetime Membership of the Presbyterian Women. She also felt very privileged to be invited to the Coterie Book Club which she enjoyed immensely for many years.

Left to cherish her memories are her daughter, Irma (Dr. SO. Skipper) Smith; grandchildren, Nicolle (Shawn) Isla; Bowman (Melissa) Smith; Caroline Smith, and Teresa (Paul) Cayton; great-grandchildren, Christian, Julie & Allison McGowan, Owen & Alex Smith, McKenzie & Landon Reams, and Mason & Morgan Brooks.

Ruth will be interred beside her husband at Blue Ridge Memorial Gardens, Roanoke Va with a Memorial Service to be announced at a later date. In lieu

of flowers, please send memorials to Highland Presbyterian Church in her honor. Condolences may be sent to irmabsmith716@gmail.com.

The family would like to give a special thanks to Bethesda Healthcare Facility for their professional and loving care.

Tribute Wall



“ *Ruth Thomas Bunting Bowman*

October 09, 2023 at 04:46 AM



“ *Ruth Thomas Bunting Bowman*

October 08, 2023 at 11:29 AM



“ *Ruth Thomas Bunting Bowman*

October 05, 2023 at 02:31 PM